

Samaritans, Talk to us #WeListen Campaign.



July 2021

Every year in July, Samaritans branches in the UK and Republic of Ireland hold local events to raise awareness that Samaritans are here to listen to anyone who's struggling with their mental health and may need support at any time of the day or night.



Samaritans offer a 24hour service where you can chat one to one with a volunteer. Calls to the Samaritans are free.



Check out what is happening at your nearest centre. The nearest centres for Lincoln and Gainsborough are:

Scunthorpe: Lyndum house

Lincoln: 17 Hungate

