

Buzz Bar Week 5-Monday 14th May 2018, Monday 2nd July 2018.

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals Meal Deals Meal & Pudding £2.40 *Vegetarian Dish Gluten Free (GF)	Char Sui Noodles* Chicken Biryani Meatballs & Pasta(GF) Quiche* Potato Wedges	Shepherd's Pie Vegetarian Shepherd's Pie* Sausages(GF) Sweet Potato Wedges Choice of Seasonal	Chilli & Vegetable Chilli*(GF) Chicken in Black Bean Macaroni Cheese* Tomato Pasta* Herby Potato Cubes	Roast Beef & Yorkshire Pudding Roast Potatoes Vegetable Quiche* Cauliflower Cheese*(GF)	Fish & Chips. Mushy Peas Salmon Fish Cakes
Wok Pots £1.50	Different Choices every day Korma, Tikka, Balti, Rogan Josh, chilli Different Choices Vegetarian options*				
Jacket Potato 65p- £1.50	Jacket Potatoes served with a choice of Curries, Beans, Cheese, Coleslaw & Tuna				
Love Joes £1.80	Wraps served in many ways-Rolled Hot Wraps with Curry & Rice. Fresh Chicken in BBQ, Mediterranean, Chinese Plum, Tomato Twist Marinade.				
Pasta King £1.30- £2.20	Hot Fresh Pasta served with a choice of Sauces including Vegetarian & Cheese. Served Break and Lunch.				
Hot Snacks 65p- £1.80	Filled assorted Panini, Cheese & Bacon Bagels, Pizzas Assorted Flavours, Bacon Roll, Flat Breads				
Puddings 75p	Fruit Crumble & Custard	Wellington Fudge & Custard	Fruit Sponge & Custard	Fruit Crumble & Custard	Hot Pudding & Custard
Cold Snacks 70p- £1.80	A selection of freshly made Sandwiches, Wraps, Baguettes, Filled Rolls, Vegetable Snack Pots, Pasta Pots with Chicken & Mayonnaise, Tomato and Tuna Mayonnaise.				
Salad Bar £1.30- £1.80	Fill your box with a choice of homemade salads- Coleslaws, Pasta Salads, Green Salad and many more.				
Snacking Pots 70p-£1.50	Choice of Seasonal fruits, Yoghurts, Jelly, Vegetable Snacking Pots & Dips. Served in takeaway packaging.				

Your Buzz Bar at LCHS!

Food Allergies & Intolerance please speak to our Buzz Bar Staff